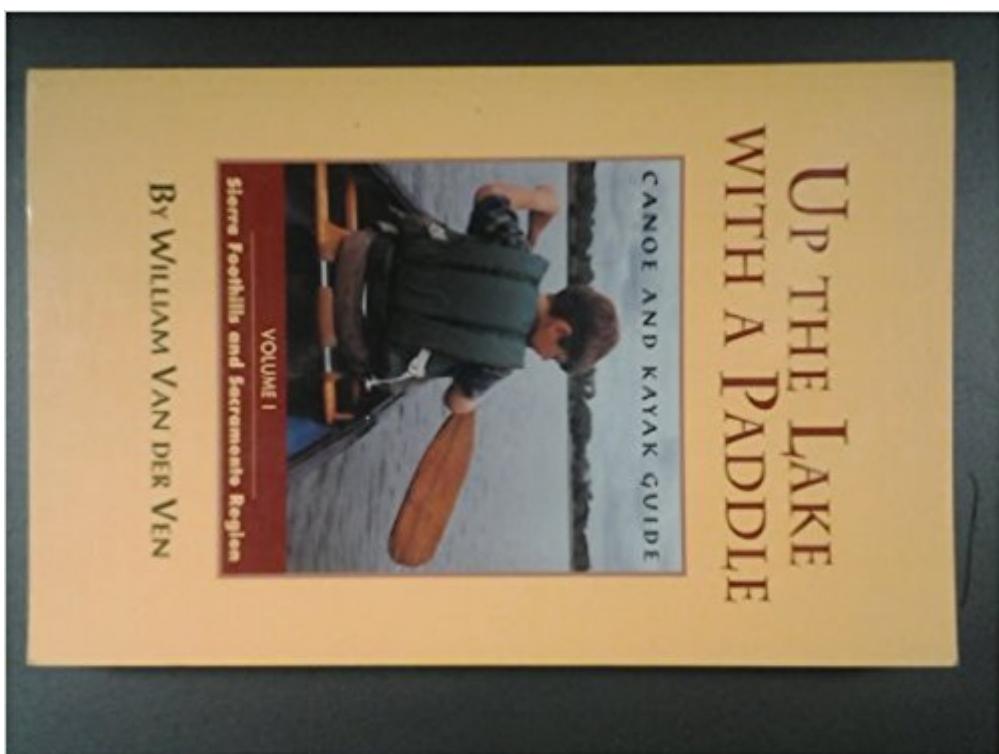


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# Up The Lake With A Paddle: Canoe And Kayak Guide Volume 1



## Synopsis

Book by William Van Der Ven

## Book Information

Paperback: 158 pages

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## Customer Reviews

Book by William Van Der Ven

This book is perfect for beginner to intermediate canoers and kayakers in the Sacramento and Sierra Foothills. Although the lakes listed in this book are limited to only a handful though-out this area, the discription of those lakes are excellent. Included is trip length,(time and miles), directions to the lake, access, difficulty, size of area, and recomended maps to use. Also included are detailed hiking, camping, historical background and natural history along with some highlights of the area of each lake or river. Special waterfalls and sites to look for or hike to at some of the lakes and rivers are a treat to read about. My only regret is that more lakes in this area where not included.

Many canoeing guidebooks cater to the whitewater enthusiast. Here's one for the flatwater folks. Good descriptions of padding locations, with excellent maps and referrals to additional resources. Not a complete guidebook, but contains enough suggestions to keep the quietwater paddler busy for some time.

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